

# Safeguarding investments in a volatile market

Planning for stability by diversifying your investment portfolio

Diversifying your investment portfolio can feel like navigating a maze, especially when unexpected events disrupt financial markets. However, diversification offers a solution to tariff uncertainty. The recent tariffs announced by President Trump, coupled with the resulting market volatility, serve as stark reminders of the importance of diversifying your investments to weather economic storms.

This disruption underscores why diversification is not merely a buzzword but an essential strategy for safeguarding and optimising your financial future. But where do you start? What specific actions can you take to ensure your investments are truly diversified and resilient? Below, we explore some questions to consider when planning how to protect and balance your portfolio during uncertain times.

## WHAT DOES DIVERSIFICATION REALLY MEAN FOR MY PORTFOLIO?

At its core, diversification involves managing risk through variety. While many people think it simply means holding a bit of everything, it is much more strategic. To achieve true diversification, evaluate the composition of your portfolio. Ask yourself whether you have an appropriate balance of asset classes. Do you possess equities for growth, bonds for stability, cash for flexibility and alternative investments like property? Each asset class reacts differently

to market developments, which, when combined strategically, can serve as a buffer against downturns.

Don't forget about geographical diversification. Many UK investors intuitively bias their portfolios toward domestic markets for comfort and familiarity, but this can backfire. For instance, the recent US tariffs introduced by President Trump reverberated well beyond America, causing ripples in global trading routes and impacting sectors crucial to various economies. By allocating some of their investments internationally, investors can reduce their reliance on any single market and add a layer of protection against localised risks.

## AM I BEING DRIVEN BY EMOTION OR A CLEAR STRATEGY?

Investing involves as much psychology as it does economics. Market volatility often provokes fear, even among experienced investors. Price swings can elicit knee-jerk reactions based on emotion rather than informed decision-making. However, it's essential to

remember that trying to time the market seldom leads to success. Even professional investors struggle to consistently predict market movements.

Engaging in buying or selling due to short-term fluctuations can lead to costly mistakes. For instance, panicking during a market crash and liquidating your investments locks in your losses and excludes you from the recovery that inevitably follows. Likewise, overconfidence in a bullish market can result in unnecessary risks, making your portfolio vulnerable if the tide turns.

## WHAT IS MY RISK TOLERANCE AS PART OF MY INVESTMENT STRATEGY?

Rather than chasing fleeting market trends, develop a solid investment strategy grounded in your long-term financial goals, whether that means saving for retirement, funding a child's education or buying property. Consistency and discipline serve as more reliable allies than instinctive reactions.



Understanding your risk tolerance is a critical part of adhering to your strategy. Reflect on how comfortable you are with potential losses during turbulent periods. This self-awareness will help you decide whether to prioritise growth-focused or conservative investments, or to strike a balance between the two. Engaging in honest introspection now can save you from costly impulsive decisions in the future.

### HOW CAN I ACCOUNT FOR CURRENT RISKS WHILE STAYING BALANCED?

No one has a crystal ball, but you can prepare for potential challenges by identifying the macroeconomic risks most likely to affect your investments. The recent tariffs serve as a perfect example of how political decisions can destabilise global trade. Stocks in export-oriented industries, for instance, face additional pressure from such policies, leading to wide swings in share prices. Take a moment to evaluate your portfolio's exposure to these risks.

However, resist the urge to seek refuge entirely in 'safe' assets like gold, cash or government bonds. While they often perform well during crises, overloading your portfolio with them could limit your growth potential. The key is to strike a balance. For example, maintaining some exposure to equities allows you to benefit from the market's eventual recovery once volatility eases.

### WHY IS PROFESSIONAL ADVICE ESSENTIAL?

While there is plenty of information available online, nothing surpasses tailored advice for building a well-rounded portfolio. We can assist you in creating a customised strategy that aligns with your life goals and risk outlook. We also serve as a sounding board, helping you make rational decisions during times of market uncertainty.

Additionally, we can guide you towards overlooked opportunities, fine-tune your asset allocation and ensure your portfolio remains diversified. Furthermore, we can help you avoid common errors, like chasing high returns or prematurely shifting towards low-risk investments out of panic. Our expertise is invaluable, especially when market conditions are unpredictable. ■

### ARE YOU LOOKING TO REVIEW YOUR PORTFOLIO AND ENSURE IT IS WELL-PREPARED FOR THE FUTURE?

Market volatility reminds us of the importance of proactive financial planning and professional investment advice. If the recent tariffs or other global developments have left you feeling uneasy about your investments, now is the moment to review your portfolio and ensure it is well prepared for the future. Contact us today to discuss your financial objectives and explore how a diversified investment strategy can help you achieve them.

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